

2021 - 2022 COMMUNITY RESOURCE GUIDE



Millard House II
Superintendent of Schools

Houston Independent School District Board of Education

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Family and Community Engagement Department

Ryan Professional Development Center 4001 Hardy Street. Houston, Texas 77009 www.HoustonISD.org/face

It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, political affiliation, sexual orientation, gender identity and/or gender expression in its educational or employment programs and activities.

PARENT EDUCATION

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- 33. Yancy Life Transition Center

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
1	713-800-0866	Ages 12-17	Costs vary	No	English
2	713-686-4400	Ages 0-5, Ages 14-17, and Adults ages 18+	Free	Yes	English, Spanish
3	713-481-6555	Grades PK-12	Costs vary	Yes	English, Spanish
4	713-869-7740	Adults ages 18+	Costs vary	No	English, Spanish
5	713-535-7270	All ages	Costs vary	Yes	English, Spanish, others
6	832-395-9902	Ages 15-17 and Adults ages 18-25	Free	No	English, Spanish
7	832-393-0931	Grades K-12	Free	Yes	Arabic, Chinese, English, Urdu, Spanish, Vietnamese
8	713-600-1100 713-600-1140	Ages 0-36 months and prenatal	Free	No	English, Spanish
9	713-923-2316	Ages 6-17 and Adults ages 18+	Costs vary	Yes	English, Spanish
10	713-394-4000	Grades K-12	Free	Yes	English
11	713-523-2231	Adults ages 18-20	Free	Yes	English, Spanish

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
12	713-730-2335	Grades K-8	Costs vary	Yes	English, Spanish
	713-802-3852				
13	713-942-9500	Ages 0-18	Costs vary	No	English, Spanish
14	713-861-4849	Ages 3-18	Costs vary	Yes	English, Spanish
15	713-229-8353	Ages 12-17 and	Free	Yes	English, Spanish
		Adults ages 18-19			
16	281-477-4338	All ages	Free	No	English
17	713-394-4070	Ages 12-18	Costs vary	No	English, Spanish
18	281-679-9937	Adults ages 18+	Costs vary	No	English, Spanish
19	713-967-5298	Ages 3-5	Free	No	English, Spanish
20	713-535-7292	All ages	Free	No	Chinese, English, Spanish,
	713-535-7254				Vietnamese
21	832-816-0720	All ages	Costs vary	No	English
22	713-682-8911	Ages 0-14	Free	No	English
23	713-970-4489	All ages	Free	No	Arabic, Chinese, English,
					Filipino, French, German,
					Hmong, Italian, Japanese,
					Korean, Lao, Persian,
					Punjabi, Russian, Spanish,
					Thai, Vietnamese
24	832-415-3088	All ages	Free	Yes	English
25	713-871-0744	Adults ages 18+	Costs vary	Yes	English, Spanish
26	713-222-1213	Adults ages 18+	Costs vary	Yes	English, Spanish
27	281-855-5600	Adults ages 18+	Free	No	English
28	888-275-0744	Adults ages 18+	Costs vary	Yes	English, Spanish
29	713-926-9491	Adults ages 18+	Costs vary	Yes	English, French, Spanish
30	817-332-6399	All ages	Free	No	English, Spanish
31	713-295-2600	Ages 10-17	Free	No	English, Spanish
32	713-743-5491	Ages 0-17	Free	No	English, Spanish
33	832-830-2398	All ages	Free	No	English
34	281-815-4768	Grades 1-12	Costs vary	Yes	English, Spanish

Association for Family and Community Integrity

Address: 401 Branard Street, Suite 304, Houston, TX 77006

Area Served: Greater Houston

Days/Hours: Monday-Friday, 9am-5pm

Contact: Not available Phone: 713-800-0866 Fax: Not available

Email: info@glbthomeless.org

Website: http://glbthomeless.org/?page_id=103

Local Bus Routes: 56, 82, 298 Ages/Grades Served: Ages 12-17

Eligibility: Must be either at risk of family separation and homelessness or already homeless.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: No Languages: English

Direct Services: Offers online classes about the science of sexual orientation, bisexuality, transgender identity, and the process of coming out as a gay child and as a parent of a gay child. • Offers parent education about the coming out experience, the science of sexual orientation, consequences of the rejection of a gay child, and maintaining healthy parent-child relationships.

AVANCE Houston Inc.

Address: 4301 Dacoma Street, Houston, TX 77092

Area Served: Houston

Days/Hours: Monday-Friday, 9am-5pm

Contact: Lorely de Leon, Multimedia and Marketing Specialist

Phone: 713-686-4400 **Fax:** 713-812-9829

Email: <u>lorelydeleon@avancehouston.org</u> **Website:** <u>http://www.avancehouston.org</u>

Local Bus Routes: 89

Ages/Grades Served: Parent-Child Education Program: Ages 0-5. • Fathers in Action Program: Ages 0-5. •

Strong Families Strong Communities Program: Ages 14-17 and adults ages 18+.

Eligibility: Limits some programs to adult clients who have children in AVANCE programs.

Costs: Free

Onsite at Schools: Yes. • Parent-Child Education Program operates at three HISD schools.

Languages: English, Spanish

Direct Services: Parent-Child Education Program covers child development, parents as first teachers of their children, toys for use in parent-child play, and community resources to support child development. • A three-hours-per-week session takes nine months to complete. • Parent education program also offers home visits, transportation support, early childhood education, and child advocacy assistance. • The Fathers in Action Program empowers fathers as educators of their children. • Offers classes for General Education Development (GED).

Child Builders

Address: 2425 Fountain View Drive, Suite 210, Houston, TX 77057

Area Served: Houston

Days/Hours: Monday-Friday, 9am-5pm **Contact:** Trish King, Executive Director

Phone: 713-481-6555 **Fax:** 713-481-6548

Email: childbuilders@childbuilders.org

Website: http://childbuilders.org/training/parenting-education

Local Bus Routes: 32, 49, 82

Ages/Grades Served: Grades PK-12

Eligibility: Requires affiliation with a school. • Requires pre-registration for training.

Costs: Costs vary. • Training costs are generally \$10-\$20 per teacher, counselor, nurse, or volunteer to be

trained. • Call to ask about specific costs.

Onsite at Schools: Yes. • Operates parenting education programs at 13 HISD campuses.

Languages: English, Spanish

Direct Services: Offers a 14-unit parenting education curriculum for high school students. • Provides training

in safety education for Grades PK-12 and in relationship education for Grades 8-12.

Children at Risk

Address: 2900 Wesleyan Street, Suite 400, Houston, TX 77027

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Melanie Richmond, AmeriCorps/VISTA Outreach Coordinator

Phone: 713-869-7740 **Fax:** 713-869-3409

Email: General questions: <u>info@childrenatrisk.org.</u> • Programs: <u>mrichmond@childrenatrisk.org.</u>

Website: http://childrenatrisk.org/content

Local Bus Routes: 82, 84

Ages/Grades Served: All ages

Eligibility: No area restrictions. • Reports are available to the general public.

Costs: Costs vary. • Speakers and many online reports are free. • Call to ask about specific costs.

Onsite at Schools: Yes. • Speakers present at schools and to parent groups.

Languages: English, Spanish

Direct Services: Operates the Center for Parenting and Family Well-Being. • Trains providers of parent education services, promotes positive parent-child relationships, advocates for effective parent support programs, and raises awareness of best practices and evidence-based strategies. • Offers presentations of differing lengths about parenting, school improvement and school rankings, and legislation and advocacy.

Children's Museum of Houston – Parent Stars Program

Address: 1500 Binz Street, Houston, TX 77004

Area Served: Houston

Days/Hours: Tuesday-Wednesday, 10am-6pm, Thursday, 10am-8pm, Friday-Saturday, 10am-6pm, Sunday,

12pm-6pm

Contact: Mary Ellen Salas, Program Manager

Phone: 713-535-7270 Fax: Not available

Email: msalas@cmhouston.org

Website: http://www.cmhouston.org/parent-stars Local Bus Routes: 700 (METRO rail), 56, 298

Ages/Grades Served: All ages

Eligibility: Museum is open to the general public.

Costs: Costs vary. • General admission is \$10 for ages 1-64 and \$9 for ages 65+. • Museum members are

free. • Admission is free for families on Thursday, 5pm-8pm. • Call to ask about specific costs.

Onsite at Schools: Yes. • Schools can host a hands-on family learning event.

Languages: English, Spanish

Direct Services: Offers the Parent Stars program of parent workshops based on 15 themes, each designed to empower parents as the first teacher of their child. • Offers family learning activities that focus on literacy, science, and mathematics and include bilingual activity guidebooks. • Offers the Adventures After-School Program at the museum. • Also offers a mathematics-based after-school enrichment program.

City of Houston – Healthy Families Healthy Futures

Address: 6400 High Star Drive, Suite 118, Houston, TX 77074

Area Served: Houston Southwest ZIP Codes: 77036, 77045, 77053, 77057, 77072, 77074, 77081, 77083,

77085, and 77099, and Houston Sunnyside ZIP Codes: 77021, 77033, 77047, 77048, and 77051.

Days/Hours: Monday-Friday, 8am-5pm

Contact: Sandra Rodriguez, Community Liaison

Phone: 832-395-9902 **Fax:** 713-778-6520

Email: 311@houstontx.gov

Website: http://www.houstontx.gov/health/HealthCenters/hfhf.html

Local Bus Routes: 2, 9, 47

Ages/Grades Served: Ages 15-17 and adults ages 18-25

Eligibility: Must meet age requirements. • Must live in the areas served.

Costs: Free

Onsite at Schools: No Languages: English, Spanish

Direct Services: Provides home visits to first-time mothers. • Focuses on promoting positive parent-child interactions by strengthening family bonds, improving healthful child growth and development, and decreasing child abuse and neglect.

City of Houston - Mayor's Anti-Gang Office

Address: 901 Bagby Street, Houston, TX 77002

Area Served: Houston

Days/Hours: Monday-Friday, 8am-6pm

Contact: Patricia Harrington, Division Manager

Phone: 832-393-0931 **Fax:** Not available

Email: patricia.harrington@houstontx.gov

Website: http://www.houstontx.gov/antigang/programs.html

Local Bus Routes: 44, 85, 214, 216

Ages/Grades Served: Parents and caregivers of students in Grades K-12

Eligibility: Must request speakers at least 30 days in advance.

Costs: Free

Onsite at Schools: Yes. • Speakers present about gang prevention at schools.

Languages: Arabic, Chinese, English, Spanish, Urdu, Vietnamese

Direct Services: Offers gang awareness education to parents, caregivers, and the general public. • Helps families and communities to identify and address gang involvement within their families and communities.

Collaborative for Children – Parents as Teachers Program

Address: 1111 North Loop West, Suite 600, Houston, TX 77008

Area Served: Harris County

Days/Hours: Monday-Friday, 8am-5pm

Contact: Whitney Sudhalter, Manager of Parents as Teachers Program

Phone: General questions: 713-600-1100. • Parents as Teachers Program: 713-600-1140.

Fax: 281-936-0349

Email: wsudhalter@collabforchildren.org

Website: https://www.collabforchildren.org/PAT

Local Bus Routes: 26

Ages/Grades Served: Ages 0-36 months and prenatal

Eligibility: Must be pregnant or parenting one or more children under 36 months of age.

Costs: Free

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Offers a home-based curriculum to promote school readiness and positive child development

through parent group meetings, linking of families to community resources, home visits, developmental

screenings, and age-appropriate family activities.

Community Family Centers

Address: 7524 Avenue E, Houston, TX 77012 **Area Served:** Houston: Greater East End

Days/Hours: Youth: Monday-Friday, 3pm-6pm. • Parents: Tuesday and Friday, 8:30am-11:30am, Thursday,

8:30am-11am.

Contact: Miguel de la Luna, Director of Programs

Phone: 713-923-2316 **Fax:** 713-923-4243

Email: mdeluna@communityfamilycenters.org

Website: http://www.communityfamilycenters.org/parenting.php

Local Bus Routes: 20

Ages/Grades Served: Ages 6-17 and adults ages 18+

Eligibility: Focuses on the local Spanish-speaking community. • Requires registration for the program. •

Accepts walk-ins.

Costs: Costs vary. • Many programs are free. • Charges a fee for field trips in some programs. • Call to ask

about specific costs.

Onsite at Schools: Yes. • Youth programs are at two HISD high schools. • School-based services are at 18

HISD schools.

Languages: English, Spanish

Direct Services: Offers parent education classes based on Positive Action Parenting, which focus on parent-child communication, self-esteem, stress management, life skills, and a healthful lifestyle. • Offers classes for Adult Basic Education (ABE), English as a Second Language (ESL), and General Education Development (GED). • Also offers college readiness, counseling, dropout prevention, summer programs, and youth programs. • Provides emergency food assistance, health screenings, immunizations, referrals, and translation.

Community Youth Services

Address: 2525 Murworth Drive, Houston, TX 77054

Area Served: Harris County

Days/Hours: Monday-Friday, 8am-5pm

Contact: HISD Area Supervisors: Doris Vidal, Marvin Anderson, or Donald Rogers

Phone: Office: 713-394-4000. • HISD Area Supervisors: 713-845-7458, 713-726-3616, or 713-236-4880.

Fax: Not available Email: Not available

Website: https://hcps.harriscountytx.gov/Our-Services/Youth-Services/CYS

Local Bus Routes: 14, 84

Ages/Grades Served: Grades K-12

Eligibility: Focuses on families of youth who are experiencing problems.

Costs: Free

Onsite at Schools: Yes. • Provides services at three HISD campuses.

Languages: English

Direct Services: A parent and teen survival course teaches anger management, conflict resolution, and mediation. • Provides voluntary school-based crisis intervention, counseling, and case management. • Does information and referral searches to help clients find other needed social services for such problems as truancy, runaway, pregnancy, substance abuse, school, economics, and family problems. • Helps with access to licensed host families and to emergency shelter care. • Visits a family at home or at CYS offices on the school campus, and helps families deal with other youth-serving agencies.

Covenant House Texas

Address: 1111 Lovett Boulevard, Houston, TX 77006

Area Served: Harris County

Days/Hours: Monday-Sunday, 24 hours/day **Contact:** Victor Hay, Community Services Director

Phone: 713-523-2231 Fax: Not available

Email: vhav@covenanthousetx.org

Website: https://www.covenanthousetx.org/Programs

Local Bus Routes: 56, 298

Ages/Grades Served: Adults ages 18-20 and their children

Eligibility: Must be a homeless or runaway youth. • Accepts walk-ins.

Costs: Free

Onsite at Schools: Yes. • Speakers present at schools and community centers.

Languages: English, Spanish

Direct Services: Offers parenting classes for clients at its Crisis Shelter. • Provides healthcare and comprehensive case management. • Offers counseling, evaluation, therapy, and treatment for mental health and substance abuse. • Operates programs for aftercare, permanent housing, runaway prevention, street outreach, and transitional living. • Also offers educational training, life skills training, and vocational training.

DePelchin Children's Center

Address: 4950 Memorial Drive, Houston, TX 77007

Area Served: Greater Houston

Days/Hours: Office: Monday-Friday, 8am-5pm. • Parent Education classes: Wednesday, 6:30pm-8:30pm.

Contact: Meredith Rose, Parent Education Program Coordinator **Phone:** Appointments: 713-730-2335. • Programs: 713-802-3852.

Fax: 713-802-3801

Email: General questions: info@depelchin.org. • Programs: parentEd@depelchin.org.

Website: http://www.depelchin.org/parent-education

Local Bus Routes: 27, 71, 85 Ages/Grades Served: Grades K-8

Eligibility: No area restrictions. • Must register for classes.

Costs: Costs vary. • School-based programs are free. • Registration and materials for parent education

classes are \$25. • Call to ask about specific costs.

Onsite at Schools: Yes. • Offers school-based programs for elementary and middle schools aimed at positive

youth development and prevention of bullying, delinquency, and substance abuse.

Languages: English, Spanish

Direct Services: Offers Parenting 101, which is an eight-week parent education course. • Offers Parenting Help, which addresses blended families, bullying and social aggression, changing family dynamics, child behavior, child development, death and other family tragedies, family communication, managing stress, positive discipline, school and life transitions, and talking about sexuality. • Also offers counseling, psychiatry, psychological testing, and school-based programs.

ESCAPE Family Resource Center

Address: 1721 Peach Road, Suite 300, Houston, TX 77055

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5:30pm

Contact: Hortencia Morales, Parent Services Coordinator

Phone: 713-942-9500 **Fax:** 713-942-0702

Email: hmorales@learntoparent.org

Website: http://www.learntoparent.org/index.php?page=classes

Local Bus Routes: 26

Ages/Grades Served: Parents of children ages 0-18 **Eligibility:** Requires pre-registration for classes.

Costs: Costs vary. • Each class is \$25-\$155. • Charges fees per individual or per family. • Call to ask about

specific costs.

Onsite at Schools: No Languages: English, Spanish

Direct Services: Provides information about parenting skills and child abuse prevention. • Offers divorce workshops and classes for grandparents, relatives, and other caregivers. • Helps families cope with anger, child discipline, and stress. • Helps families to understand divorce and emotions, effects of divorce on children, and how to manage co-parenting. • Provides activities and games for parents to use teaching social skills and self-discipline to children ages 0-5. • Helps men to understand their responsibilities as fathers and how to establish stronger relationships with their children.

Family Services of Greater Houston

Area Served: Greater Houston

Location	Address	Phone	Fax	Bus Routes
Central Office	4625 Lillian Street,	713-861-4849	713-861-4021	25, 27, 41
	Houston, TX 77007			
Administration	2700 Southwest Freeway,	713-861-4849	713-861-4021	71, 85
	Suite 209, Houston, TX 77098			

Days/Hours: Monday-Friday, 8am-5pm

Contact: Tracey Burnett, Vice President of Program Services and Accreditation

Email: family@familyhouston.org

Website: http://www.familyhouston.org/houston-counseling

Ages/Grades Served: Ages 3-18 Eligibility: Requires an appointment.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts all major insurance plans,

Medicaid, and the Children's Health Insurance Program (CHIP). • Call to ask about specific costs. Onsite at Schools: Yes. • Provides onsite counseling to students and families at 14 HISD schools.

Languages: English, Spanish

Direct Services: Provides parent education classes about how to build self-esteem in children, how to talk to children, how to discipline children effectively, how to manage anger, and stages of child development. • Offers a parenting and divorce course for parents about how to avoid placing children in the middle of conflicts during and after a divorce. • Also provides case management, counseling, and substance abuse prevention.

Fifth Ward Enrichment Program Inc. – Parent and Family Liaisons

Address: 4014 Market Street, Suite W145, Houston, TX 77020

Area Served: Houston: Fifth Ward Days/Hours: Monday-Friday, 9am-6pm Contact: Michael Scott, Program Manager

Phone: 713-229-8353 Fax: 713-229-8311

Email: General questions: fwep@fwepinc.org. • Programs: mscott@fwepinc.org.

Website: http://www.fwepinc.org/pfl Local Bus Routes: 11, 29, 48 Ages/Grades Served: Ages 12-19

Eliaibility: Must support one of six school-based projects.

Costs: Free

Onsite at Schools: Yes. • Operates school-based projects at six HISD secondary schools.

Languages: English, Spanish

Direct Services: Plans and coordinates parenting skills classes, parent-child outings, leadership retreats, and other activities for parents and guardians at its six school-based after-school youth development projects. •

Also offers a seven-week summer program.

Grant Me the Wisdom Foundation

Address: 8827 Sam Houston Parkway North, Suite 200, Houston, TX 77040

Area Served: Houston

Days/Hours: Office: Monday-Friday, 8am-3pm. • Monthly workshops: Tuesday, 6pm-8pm.

Contact: Ana Lucero, Director of Operations and Programming

Phone: 281-477-4338 Fax: 832-259-3297 Email: ana@gmtw.org

Website: http://www.grantmethewisdom.org/bio

Local Bus Routes: Not available Ages/Grades Served: All ages

Eligibility: Programs focus on women and girls of all ages.

Costs: Free

Onsite at Schools: No Languages: English

Direct Services: Programs cover child discipline, child safety, domestic violence, goals and expectations, good nutrition, incentives, parent-child communication, proactive parenting, and raising exceptional children.

Harris County Protective Services for Children and Adults – Parent Teen Survival Program

Address: 2525 Murworth Drive, Houston, TX 77054

Area Served: Harris County

Days/Hours: Monday-Friday, 8am-5pm

Contact: Shirley Burlew, Parent Teen Survival Program Coordinator

Phone: 713-394-4070 Fax: Not available

Email: Rebbie.Lewis-McGowen@cps.hctx.net

Website: http://hcps.harriscountytx.gov/Our-Services/Youth-Services/TRIAD-Prevention-Program/Parent-

Teen-Survival

Local Bus Routes: 84

Ages/Grades Served: Ages 12-18

Eligibility: Must be an at-risk youth. • Must live in Harris County.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Offers the five-session Parent Teen Survival Program. • Curriculum focuses on conflict resolution, effective parent-child communication, managing anger, negotiating and setting boundaries,

problem-solving skills, and understanding consequences.

Hispanic Counseling Center

Area Served: Greater Houston

Location	Address	Phone	Fax	Bus Routes
North	4625 North Freeway, Suite	281-679-9937	281-679-9982	36, 56
	207, Houston, TX 77022			
Southwest/West	14780 Memorial Drive, Suite	281-679-9937	281-679-9982	162
	206, Houston, TX 77079			

Days/Hours: Monday-Friday, 10am-8pm, Saturday-Sunday, 8am-8pm

Contact: Francisco Villalobos, Executive Director

Email: General questions: info@hispaniccounsellingcenter.com. • Programs:

counseling@hispaniccounsellingcenter.com.

Website: http://www.hmhi.org/hispanic-counseling-center.html

Ages/Grades Served: Adults ages 18+

Eligibility: No area restrictions. • Classes are open enrollment. • Adults can start attending at any time. **Costs:** Costs vary. • Charges fees on a sliding scale based on income if a referral requests it. • Call to ask about specific costs.

Onsite at Schools: No Languages: English, Spanish

Direct Services: Provides two-hour parent education classes in six sessions (12 hours) and eight sessions (16

hours). • Provides one session (four hours) of a parenting awareness class. • Offers classes for anger

management and English as a Second Language (ESL). • Also offers outpatient therapy.

Houston Independent School District – HIPPY Program

Address: 1102 Telephone Road, Houston, TX 77023

Area Served: Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Maria Gabriella Hernandez, Program Manager, or Walter Sampson, Sr., Program Manager

Phone: 713-967-5298 **Fax:** 713-967-5297

Email: mhernand@HoustonISD.org

Website: http://www.HoustonISD.org/HIPPY

Local Bus Routes: 26, 85 Ages/Grades Served: Ages 3-5

Eligibility: Must live within HISD district boundaries. • Must have a child who is ages 3-5. • Requires a child

who is age 5 to have been in HIPPY at age 4.

Costs: Free

Onsite at Schools: No Languages: English, Spanish

Direct Services: Provides services to eligible families in neighborhoods served by HISD schools. • Home visitors review and role-play weekly lessons for parents to use at home with their children to develop their school readiness skills. • Provides parents with a structured 30-week curriculum for their children who are ages 3-4 and a structured, 15-week curriculum for their children who are age 5.

Houston Public Library – Parent Resource Library at Children's Museum of Houston

Address: 1500 Binz Street, Houston, TX 77004

Area Served: Houston

Days/Hours: Tuesday-Wednesday, 10am-6pm, Thursday, 10am-8pm, Friday-Saturday, 10am-6pm, Sunday,

12pm-6pm

Contact: Beck Gorman, Manager of Family Literacy Involvement Program (FLIP) and Parent Resource Library

Phone: Office: 713-535-7292. • FLIP Kits: 713-535-7254.

Fax: Not available

Email: bgorman@cmhouston.org

Website: http://houstonlibrary.org/location/parent-resource-library-childrens-museum-houston

Local Bus Routes: 700 (METRO rail), 56, 298

Ages/Grades Served: All ages

Eligibility: Requires a valid Houston Public Library card. • Lets families check out for three weeks as many

Family Literacy Involvement Program (FLIP) kits as they wish at any of 35 branch libraries.

Costs: Free

Onsite at Schools: Yes. • Museum offers mathematics academic enrichment at 14 area after-school sites.

Languages: Chinese, English, Spanish, Vietnamese

Direct Services: Offers a Parent Resource Library at Children's Museum of Houston, with resources for parents on all early childhood development issues and concerns. • Offers regularly scheduled family story time hours at the Parent Resource Library. • Provides Family Literacy Involvement Program (FLIP) activity kits that focus on mathematics, science, and the creative arts. • Provides a searchable online FLIP kit catalog. • Offers FLIP kits geared to the needs of infants, toddlers, preschoolers, and children in Grades K-3.

Methodist Children's Home Family Outreach - Grandparents as Parents Program

Address: 5005 Mitchelldale Street, Suite 119, Houston, TX 77092

Area Served: Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Veronica Whalon-Peters, Outreach Director

Phone: 713-682-8911

Fax: Not available

Email: vpeters@mch.org

Website: http://www.mch.org

Local Bus Routes: 85, 89

Ages/Grades Served: Ages 0-14

Eligibility: Must have at least one child living in the home who is between ages 0-14.

Costs: Free

Onsite at Schools: No Languages: English, Spanish

Direct Services: Provides support to families who are struggling to meet the challenges of raising a second

generation of children. • Offers information and referral and help with legal issues.

National Alliance on Mental Illness Greater Houston – Parents and Teachers as Allies

Address: 3630 West Dallas Street, Suite 140, Houston, TX 77019

Area Served: Greater Houston

Days/Hours: Monday-Friday, 9am-5pm **Contact:** Victory Evans, Program Coordinator

Phone: General questions: 713-970-4419. • Programs: 713-970-4489.

Fax: 713-970-4436

Email: vevans@namigreaterhouston.org

Website: http://namigreaterhouston.org/community-outreach-programs/parents-and-teachers-as-allies

Local Bus Routes: 27, 85 Ages/Grades Served: All ages

Eligibility: Open to persons with mental illness and their family members, friends, and caregivers.

Costs: Free

Onsite at Schools: No

Languages: Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao,

Persian, Punjabi, Russian, Spanish, Thai, Vietnamese

Direct Services: Provides support groups for persons living in recovery from mental illness, persons with a recent diagnosis of mental illness, and family members and friends of those living with mental illness. • Offers safe and supportive places for family and friends of persons with mental health issues to share, listen, and learn with mutual support of peers. • Trains school staff on specific, age-related symptoms of mental illness in youth and how best to intervene. • Holds 90-minute weekly or biweekly family support group meetings.

Parent Engagement for Active Child Enrichment

Address: 1607 Northshore Drive, Missouri City, TX 77459

Area Served: Greater Houston **Days/Hours:** No fixed hours.

Contact: Padmaja Sarathy, President

Phone: 832-415-3088 Fax: Not available

Email: pps4peace@yahoo.com

Website: http://www.peacenurtureskids.org/activities

Local Bus Routes: Not available Ages/Grades Served: All ages Eligibility: No area restrictions.

Costs: Free

Onsite at Schools: Yes. • Presents workshops for parents at schools in HISD and in other school districts.

Languages: English

Direct Services: Helps families to overcome time and resource constraints and help their children succeed in school. • Provides informal guidance, tips, and techniques to help parents to raise a healthy and happy child. • Conducts parent-child learning fairs and workshops for parents of young children on such topics as emotional bonding, behavior strategies, physical well-being, learning strategies, and academic attainment. • Provides flexibility in the content, duration, and scheduling of workshops.

Parents Alliance

Address: 15810 Park Ten Place, Suite 105, Houston, TX 77084

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-6pm

Contact: Jose-Pablo Fernandez, Chief Executive Officer, or Helena Mestre, Associate Director

Phone: 713-871-0744 Fax: Not available

Email: jp@parentsalliance.org

Website: http://www.parentsalliance.org/courses workshops

Local Bus Routes: 75, 162

Ages/Grades Served: Adults ages 18+

Eligibility: Focuses on the needs of low-income and low-education Hispanic/Latino parents and families.

Costs: Costs vary. • Courses for parents are \$200-\$600. • Call to ask about specific costs.

Onsite at Schools: Yes. • Offers parent workshops at schools.

Languages: English, Spanish

Direct Services: Offers training for parents and children to act as community change agents with focuses on community involvement, community leadership, environmental stewardship, family values, lifelong learning, and literacy. • Also offers courses for 10-20 parents per class in digital learning, financial literacy, and using mobile devices.

Power Parent Inc.

Address: 333 South Jensen Drive, Houston, TX 77003

Area Served: Greater Houston

Days/Hours: Monday-Friday, 7am-6pm

Contact: Lupe Casares, Community Arts Development Director

Phone: 713-222-1213 **Fax:** 713-222-1426

Email: lcasares@tbhcenter.org

Website: http://www.tbhcenter.org/power-parent-inc

Local Bus Routes: 6, 30, 48

Ages/Grades Served: Adults ages 18+

Eligibility: No area restrictions.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: Yes. • Offers parent workshops at schools.

Languages: English, Spanish

Direct Services: Offers five-week programs for families to address areas of need for personal growth. • Uses

skits, film, and storytelling to stimulate parent-student discussions. • Explores themes such as anger

management, barrier breaking, bullying, career planning, family bonding, gang prevention, passion for learning,

problem solving, school involvement, and truancy prevention.

Texas A&M Agri-Life Extension Service

Address: 3033 Bear Creek Drive, Houston, TX 77084

Area Served: Harris County

Days/Hours: Monday-Friday, 7:30am-4pm

Contact: Jennifer Garza, Harris County Extension Agent

Phone: 281-855-5600 **Fax:** 281-855-5638

Email: harris-tx@tamu.edu

Website: http://harris.agrilife.org/program-areas/family-and-consumer-sciences/parenting

Local Bus Routes: Not available Ages/Grades Served: Adults ages 18+

Eligibility: No area restrictions.

Costs: Free

Onsite at Schools: No Languages: English

Direct Services: Offers research-based parent education programs that empower family relationships against adversities. • Parent education class options cover parent-child communication and cooperation, discipline and

responsibility, and power, courage, and self-esteem.

The ARK Group Inc.

Address: 20515 State Highway 249, CB 127, Houston, TX 77070

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm **Contact:** R. Glenn Wilkerson, President

Phone: 888-275-0744 Fax: Not available

Email: ARK@thearkgroup.com

Website: http://www.thearkgroup.com

Local Bus Routes: 44

Ages/Grades Served: Adults ages 18+

Eligibility: No area restrictions.

Costs: Costs vary. • A four-course parenting skills program is \$165. • Call to ask about specific costs.

Onsite at Schools: Yes. • Schools can host the parenting skills program.

Languages: English, Spanish

Direct Services: Helps parents with practical aspects of parenting. • Program topics cover effective discipline, homework, family meetings, bully-proofing, and instilling responsibility. • A four-course program is 26 weeks; the first course requires eight weeks.

The Association for the Advancement of Mexican Americans

Area Served: Greater Houston

Location	Address	Days/Hours	Bus Routes
Main Campus	6001 Gulf Freeway, Building C-5,	Monday-Thursday, 9am-1pm, 6pm-	40, 28
	Houston, TX 70023	9pm	
Cathedral of	9101 Airline Drive,	Monday-Thursday, 9am-1pm	56
Saint Matthews	Houston, TX 77037		
Sanchez Charter	406 East Rittenhouse Street,	Monday-Thursday, 6pm-9pm	40, 56, 79
School North	Houston, TX 77076		

Contact: Amber Edmonson, Outreach Specialist

Phone: 713-926-9491 **Fax:** 713-926-8235

Email: General questions: aama@aama.org. • Programs: aedmonson@aama.org.

Website: http://www.aama.org/houston-services

Ages/Grades Served: Adults ages 18+ **Eligibility:** Requires proof of identity.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: Yes. • Operates a six-week resiliency program in seven HISD elementary schools.

Languages: English, French, Spanish

Direct Services: Offers parenting skills training. • Offers classes for English as a Second Language (ESL) and

General Education Development (GED). • During classes, offers childcare for children ages 3-5.

The Parenting Center - Parenting Advice Line

Address: 2928 West Fifth Street, Fort Worth, TX 76107

Area Served: Texas

Days/Hours: Office: Monday-Thursday, 8:30am-9pm, Friday, 8:30am-5pm. • Advice Line: Monday-Friday,

12pm-3pm

Contact: Debbie Hutchinson, President **Phone:** Parenting Advice Line: 817-332-6399.

Fax: Not available Email: Not available

Website: http://theparentingcenter.org/PAL

Local Bus Routes: Not available Ages/Grades Served: All ages

Eligibility: Parenting advice line is open to the general public.

Costs: Free

Onsite at Schools: No Languages: English, Spanish

Direct Services: Offers a confidential phone line for concerned parents or caregivers with questions about

raising children.

TRIAD Prevention Program – Parenting with Love and Limits

Address: 6300 Chimney Rock Road, Houston, TX 77081

Area Served: Harris County

Days/Hours: Monday-Friday, 8am-5pm **Contact:** Deborah Colby, Program Director **Phone:** 713-295-2600 or 713-295-2613

Fax: Not available

Email: <u>Deborah.Colby@cps.hctx.net</u>

Website: http://hcps.harriscountytx.gov/Our-Services/Youth-Services/TRIAD-Prevention-Program

Local Bus Routes: 33, 49

Ages/Grades Served: Ages 10-17

Eligibility: Must be a family with one or more children who are identified as at-risk youths.

Costs: Free

Onsite at Schools: No Languages: English, Spanish

Direct Services: Distributes a Parent Survival Kit. • Offers Parenting with Love and Limits, a six-week parenting and therapeutic course that shows parents of out-of-control teenagers how to stop extreme

behaviors of alcohol or drug use, disrespect, ditching school, sexual promiscuity, threats of suicide, or violence.

Also offers mental health services for program-eligible children, youths, and families.

University of Houston – Families CAN Program

Address: 4365-Wheeler Street, Room 301, Houston, TX 77204

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Shelley Townsend, Program Director/Family Partner

Phone: 713-743-5491 **Fax:** 713-743-5383

Email: stownsend3@uh.edu

Website: http://www.coe.uh.edu/pep/families-can

Local Bus Routes: 900 (METRO rail), 25

Ages/Grades Served: Ages 0-17

Eligibility: Must be caring for children with chronic illnesses and/or physical disabilities.

Costs: Free

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Offers in-home casework services, family support services, information and referral, parent support groups, and parent training. • Provides information, referrals, and help with the transition of youths with

disabilities into adult life.

Volunteers of America – Relatives as Parents Program

Address: 4808 Yale Street, Houston, TX 77018

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Melinda Perez-Porter, Program Director

Phone: 832-830-2398 Fax: Not available

Email: kinfamilies@gmail.com
Website: http://www.kinfamilies.org

Local Bus Routes: 40

Ages/Grades Served: All ages

Eligibility: Online resources are available to the general public.

Costs: Free

Onsite at Schools: No Languages: English

Direct Services: Helps grandparents and other relatives who are raising grandchildren or other relatives as

surrogate parents. • Provides lists of online local, state, and national resources to support kin families.

Yancy Life Transition Center

Address: 2600 South Loop West, Suite 475A, Houston, TX 77054

Area Served: Houston

Days/Hours: Monday-Friday, 8am-6pm **Contact:** Trevor Taylor, Executive Director

Phone: 281-815-4768 Fax: 281-815-4768 Email: trevor@yltc.org

Website: http://www.yltc.org/services.html

Local Bus Routes: 14, 84

Ages/Grades Served: Grades 1-12

Eligibility: Must be parents or adult caregivers of students who attend an academic enrichment program.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: Yes. • Presents literacy workshops at school campuses.

Languages: English, Spanish

Direct Services: Provides literacy workshops to families of children participating in its academic enrichment

programs. • Also provides in-school and after-school tutorials in core subject areas.